























Two Week Activity Planner



**July 2nd-
July 15th**

<p>Sunday, 7/2</p> <p>10:00 Church Service– LC 2:30 Movie Matinee– TR 7:00 Movie Matinee– TR</p> <p>MOVIE <u>All Quiet On The Western Front</u></p>  <p>7:00 Pokeno– LC </p>	<p>Monday, 7/3</p> <p>8:45 Weights & Plates- FC 9:00 Monday Manicures– CK 9:30 Weights & Plates- FC 10:00 EmpowerMe Presentation– LC 1:30 BINGO– LC 2:00 Wii Bowling– FC 3:00 Brain Power– CK 7:00 Resident Led BINGO-LC 8:00pm Fireworks outing at Twin Oaks– Sign up!</p>  	<p>Tuesday, 7/4</p>  <p>10:00 Book Club– CL2 2:30 Resident led Pokeno-LC 7:00 Poker– LY</p> 	<p>Wednesday, 7/5</p> <p>8:00-9:30 Breakfast Buffet-CY 8:45 Weights & Plates – FC 9:30 Weights & Plates – FC 10:15 Wii Bowling– FC 1:30 Resident Led Rosary– LC 2:00 BINGO– LC 2:00 Watercolor w/ Chuck– CR2 3:00 Brain Power– CK 7:00 Resident Led BINGO– LC 7:00 Devotional Reading–GR2</p> 	<p>Thursday, 7/6</p> <p><u>NATIONAL FRIED CHICKEN DAY</u></p> <p>8:45 FMC– FC 9:30 FMC- FC 10:00 Shopping at World Market Chesterfield 2:15 Targeted Exercise–FC 2:30 Pokeno-LC 7:00 Poker– LY</p>  	<p>Friday, 7/7</p> <p>8:45 Fun Friday–FC  9:30 Fun Friday- FC 10:00 New Resident Coffee Chat-CL2 1:30– Mad Hatters– CL2 1:30 Bookmobile-LC 3:00-4:00 Happy Hour with Live Music– LC 6:30 Mahjong- LC 7:00 Poker– LY</p> 	<p>Saturday, 7/8</p> <p>9:00 Resident Led Fitness DVD-FC 9:45 Bible Study– LC ** Afternoon Aldi's Trip 2:00 Movie Matinee– TR</p> <p>Netflix Series</p>  
<p>Sunday, 7/9</p> <p>10:00 Church Service– LC 2:30 Movie Matinee– TR 7:00 Movie Matinee– TR</p> <p>MOVIE <u>Make Me Believe</u></p>  <p>7:00 Pokeno– LC </p>	<p>Monday, 7/10</p> <p>8:45 Weights & Plates-FC 9:30 Weights & Plates– FC 10:00 Dessert First! Nutty Cone Social–CK 1:30pm Bingo– LC 2:00 Wii Bowling– FC 3:00pm Brain Power-CK 7:00 Resident Led BINGO-LC</p> 	<p>Tuesday, 7/11</p> <p>8:45 Fall Prevention– FC 9:30 Arthritis Relief– FC 10:30 Gals On The Go– The Clover and The Bee 2:15 Yoga– FC 2:30 Pokeno– LC 7:00 Poker– LY</p> 	<p>Wednesday, 7/12</p> <p>8:45 Weights & Plates - FC 9:30 Weights & Plates– FC 10:00 Home Care Solutions Presentation– LC 10:15 Wii Bowling– FC 1:30 Resident Led Rosary-LC 2:00 BINGO– LC 2:00 Watercolor w/ Chuck– CK 3:00 Brain Power– CK 7:00 Resident Led BINGO– LC 7:00 Devotional Reading-GR2</p>	<p>Thursday, 7/13</p> <p>8:45 FMC– FC 9:30 FMC- FC 10:00 Quarry Winery with Lunch 2:00 Afternoon Movie– TR</p> <p>MOVIE– Zoo Keeper</p>  <p>2:15 Targeted Exercise –FC 2:30 Pokeno-LC 7:00 Poker– LY</p>	<p>Friday, 7/14</p> <p>8:45 Fun Friday–FC 9:30 Fun Friday–FC 10:00 Resident Fine Arts-CL2 1:30– Mad Hatters– CL2 3:00-4:00 Happy Hour Trivia Time - LC 6:30 Mahjong- LC 7:00 Poker– LY</p>  	<p>Saturday, 7/15</p> <p>9:00 Resident Led Fitness DVD– FC 9:45 Bible Study– LC 2:00 Joy Ride 2:00 Movie Matinee– TR</p> <p>Netflix Series</p>  



The Activities listed in **GREEN** are Resident Led.

Sign up for all transportation listed in **RED**.
Full Transportation Schedule is Available at the Front Desk.

FC– Fitness Center LC– Lewis & Clark Room CK– Craft Kitchen TR– Theatre CL2– Coffee Lounge, Bldg 2 CR– Craft Room, Bldg 2 GR2 (or3)- Game Room, Bldg 2– 2nd or 3rd Flr

Two Week Activity Planner

July 16th-
July 29th

<p>Sunday, 7/16</p> <p>10:00 Church Service— LC 2:30 Movie Matinee— TR 7:00 Movie Matinee— TR</p> <p>MOVIE</p> <p>A Man Called Otto</p>  <p>7:00 Pokeno— LC</p> 	<p>Monday, 7/17</p> <p>8:45 Weights & Plates- FC 9:00 Monday Manicures-CK 9:30 Weights & Plates- FC 11:30am Men's Lunch IN 1:30 BINGO— LC 2:00 Wii Bowling— FC 2:15 Resident Meeting-MD 3:00 Hearing Specialist-CY 3:00 Brain Power— CK 7:00 Resident Led BINGO-LC</p>  	<p>Tuesday, 7/18</p> <p>9:30 Fall Prevention— FC 10:30 Shopping at 1/2 of 1/2 Store 1:30 Tourist Tuesday— Germany's Black Forest—TR 2:00 Talk with the Chef-CY 2:15 Yoga— FC 7:00 Poker— LY</p> 	<p>Wednesday, 7/19</p> <p>8:00-9:30 Breakfast Buffet— CY 8:45 Weights & Plates Exercise— FC 9:30 Weights & Plates Exercise— FC 10:00am Watermelon Social-CY2 10:15 Wii Bowling— FC 1:30 Resident Led Rosary— LC 2:00 BINGO— LC 2:00 Watercolor w/ Chuck— CR2 3:00 Brain Power— CK 7:00 Resident Led BINGO— LC 7:00 Devotional Reading—GR2</p>  	<p>Thursday, 7/20</p> <p>NATIONAL LOLLIPOP DAY</p> <p>8:45 FMC— FC 9:30 FMC— FC 10:00 Lollipop Scavenger Hunt 10:00 Shopping at Kohl's and Lunch at San Jose Mexican 2:15 Targeted Exercise —FC 2:30 Pokeno-LC 7:00 Poker— LY</p> 	<p>Friday, 7/21</p> <p>8:45 Fun Friday—FC 9:30 Fun Friday—FC 10:00 Jewelry Making—LC 1:30— Mad Hatters— CL2 1:30 Bookmobile-LC 3:00-4:00 Happy Hour with Live Music 6:30 Mahjong—LC 7:00 Poker— LY</p>  	<p>Saturday, 7/22</p> <p>9:00 Resident Led Fitness DVD— FC 9:45 Bible Study— LC ** Afternoon Aldi's Trip 2:00 Movie Matinee— TR</p> <p>Netflix Series</p>  
<p>Sunday, 7/23</p> <p>Champagne Brunch</p> <p>10:00 Church Service— LC 2:30 Movie Matinee— TR 7:00 Movie Matinee— TR</p> <p>MOVIE</p> <p>La La Land</p>  <p>7:00 Pokeno— LC</p> 	<p>Monday, 7/24</p> <p>8:45 Weights & Plates— FC 9:30 Weights & Plates— FC 10:00 Veterans Coffee & Comrades-CL2 1:30 BINGO— LC 2:00 Wii Bowling— FC 3:00 Brain Power— CK 7:00 Resident Led BINGO-LC</p>  	<p>Tuesday, 7/25</p> <p>NATIONAL WINE AND CHEESE DAY</p> <p>9:30 Fall Prevention— FC 10:30 Lunch at Gulf Coast 2:00 Wine & Cheese Tasting -ML 2:15 Yoga— FC 2:30 Pokeno— LC 7:00 Poker— LY</p>  	<p>Wednesday, 7/26</p> <p>8:45 Weights & Plates Exercise— FC 9:30 Weights & Plates Exercise— FC 10:00 Craft with Kristen-LC 10:15 Wii Bowling— FC 1:30 Resident Led Rosary-LC 2:00 BINGO— LC 2:00 Watercolor w/ Chuck— CK 3:00 Brain Power— CK 7:00 Resident Led BINGO— LC 7:00 Devotional Reading-GR2</p> 	<p>Thursday, 7/27</p> <p>8:45 FMC—FC 9:30 FMC- FC 10:00 National Blues Museum and Lunch at Field House 2:00 Resident Discussion Group-LY 2:00 Afternoon Matinee— TR</p> <p>MOVIE— Hunt For The Wilder People</p>  <p>2:15 Targeted Exercise —FC 2:30 Pokeno-LC 7:00 Poker— LY</p> 	<p>Friday, 7/28</p> <p>8:45 Fun Friday—FC 9:30 Fun Friday—FC 10:00 Outdoor Walk with Kristen— ML 1:30— Mad Hatters— CL2 3:00-4:00 Happy Hour— Build Your Own Sundae! -LC 6:30 Mahjong- LC 7:00 Poker— LY</p>  	<p>Saturday, 7/29</p> <p>9:00 Resident Led Fitness DVD— FC 9:45 Bible Study— LC 2:00 Joy Ride 2:00 Movie Matinee— TR</p> <p>Netflix Series</p>  



The Fountains
Senior Living of West County

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