

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



July 2023

LifeStyle Calendar

1 Hershey Kiss Debut
 10:00 Word Puzzles and Coffee (SC)
 2:00 Fiber Arts (SC)
 3:00 Hand and Foot (SC)

*Stop by to guess how many Hershey kisses are in the jar!

2
 10:30 Catholic Communion Service w/ St. Clare of Assisi Catholic Church (3LR)
 2:00 Open play board games (SC)
 *Grab a friend and play a game!

3 Peachy Kean Day
 10:00 Music Therapy w/Dustin (4LR)
 11:00 Weights and Plates w/wellness (SF)
 2:00 Cobbler and Ice Cream (SC)
 3:00 Red, White and Blue PRIZE BINGO (3LR)
 4:00 Kings in the corner (SC)



4 Independence Day
 10:00 Praying the rosary w/St. Clare of Assisi Catholic Church (4TV)
 11:00 Open play board games (SC)
 1:30 Afternoon Movie: Yankee Doodle Dandy (3LR)
 9:00pm Fireworks on TV Ch. 2



5
 9:30 Walking Club (GL)
 10:00 Coffee club and Fiber Arts (SC)
10:45 Joyride around town (GL)
 11:00 Cardio Fitness w/wellness (SF)
 2:00 Penny Poker (SC)
 3:00 Travel: **Wyoming (3LR)**

6
 10:15 Word Games and Trivia (SC)
11:00 Resistance Bands w/wellness (SF)
 2:00 Push Pops on the patio (FP)
 3:00 Scrabble (SC)
 4:00 Cards: Hand and Foot (3LR)

7
 10:15 Devotional and coffee (3LR)
11:00Weights and Plates w/Wellness (SF)
 1:00 STL Co Library Pick-Up/Drop-offs
 2:15 Ice Cream Social (SF)
 3:00 Bible Study w/Larry Darby (4LR)

8
10:00 Love on a leash visits (2LR)
10:30 Love on a leash visits (4LR)
 2:00 PRIZE BINGO (SC)
 3:00 Rummikub (SC)
 4:00 Lemonade on the patio (FP)

9
 10:30 Catholic Communion Service w/ St. Clare of Assisi Catholic Church (3LR)
 11:00 Open play board games (SC)
 2:00 Protestant Church Service w/ Jason (4LR) *New!
 3:30PRIZE POKENO (SC)

10
 10:00 Music Therapy w/Dustin (4LR)
 11:00 Weights and Plates w/wellness (SF)
2:00 Music and Snack w/Sterling Lloyd (SF)
 3:00 Open play board games (SC)

11
 10:00 Praying the rosary w/St. Clare of Assisi Catholic Church (4TV)
11:00 Arthritis Relief w/wellness (SF)
 2:00 Travel: **Wisconsin (3LR)**
 3:00 Chair yoga w/wellness (3LR)
 3:45 Spades (SC)

12
 9:45 Morning strolls to the back patio
 10:15 Coffee Club and Daily Chronicle
10:45 Joyride around town (GL)
 11:00 Cardio Fitness w/wellness (SF)
2:00 Library Presentation: STL Donuts (3LR)
 3:00 Rummikub (3LR)

13 National French Fry Day
 9:00 Coffee and Donut Cart door to door
11:00 Resistance Bands w/wellness (SF)
 2:00 French Fry Taste Testers w/ Election Registrations/update (SC)
 3:00 Candy Bar BINGO (SC)




14
 10:15 Devotional and coffee (3LR)
11:00Weights and Plates w/Wellness (SF)
 2:15 Milkshake Social (SF)
 3:30 Penny Poker (SC)

15
 10:00 Word Puzzles and Coffee (SC)
 2:00 Fiber Arts (SC)
 3:00 Rummikub (SC)

16
 10:30 Catholic Communion Service w/ St. Clare of Assisi Catholic Church (3LR)
 11:00 Broadcast church service (2LR)
 2:00Protestant Church Service w/ Jason (4LR)*New!
 3:30PRIZE POKENO (SC)

17 Jelly & Jam Day
 10:00 Music Therapy w/Dustin (4LR)
 11:00 Weights and Plates w/wellness (SF)
 2:00 Homemade Bread w/Jelly and Jam (SC)
 3:00 Kings in the corner (SC)
 4:00 Dominos (SC)



18
 10:00 Praying the rosary w/St. Clare of Assisi Catholic Church (4TV)
11:00 Arthritis Relief w/wellness (SF)
 2:00 Travel: **West Virginia (3LR)**
 3:00 Chair yoga w/wellness (3LR)
 3:45 Checkers or Chess (SC)

19 National Daiquiri Day
 10:00 Morning Strolls/Patio Chats
10:45 Lunch Outing: Cracker Barrel (GL)
 11:00 Cardio Fitness w/wellness (SF)
 1:45 Daiquiri's on the patio (FP)
2:30 Explore w/Laurie: Southwest Colorado (3LR)
 3:00 Open play board games (3LR)

20
 10:15 Word Games and Trivia (SC)
11:00 Resistance Bands w/wellness (SF)
 2:00 Timeless Trivia and Popcorn (3LR)
 3:00 Hand and Foot (SC)
 3:30 Scrabble (SC)

21
 10:15 Devotional and coffee (3LR)
11:00Weights and Plates w/Wellness (SF)
 1:00 STL Co Library Pick-Up/Drop-offs
2:00 Ice Cream and Music w/Mike Chrissmer (SF)
 3:00 Bible Study w/Larry Darby (4LR)


22 Day of the Cowboy
10:00 love on a leash visits (2LR)
10:30 Love on a leash visits (4LR)
 2:00 Fiber Arts (SC)
 3:00 Cards: Hand and Foot (SC)

23
 10:30 Catholic Communion Service w/ St. Clare of Assisi Catholic Church (3LR)
 2:00 Open play board games (SC)
 *Grab a friend and play a game!

24
9:30 Veterans Coffee and Comrades in IL building (GL)
 10:00 Music Therapy w/Dustin (4LR)
 11:00 Weights and Plates w/wellness (SF)
 2:00 Lemon Blueberry Bars (4SC)
 3:00 Candy Left, Right, Center (SC)
 4:00 Cards: Spades (SC)

25 Cheesecake day
 10:00 Praying the rosary w/St. Clare of Assisi Catholic Church (4TV)
11:00 Arthritis Relief w/wellness (SF)
 2:00 Cheesecake Social (SC)
 3:00 Chair yoga w/wellness (3LR)
 3:45 Travel: **Virginia (3LR)**

26
 10:00 Coffee club and Fiber Arts (SC)
11:00 Cardio Fitness w/wellness (SF)
1:45 Joyride around town w/a stop for Ice Cream (GL)
 3:00 Scrabble (SC)



27
 9:00 Coffee and Donut Cart door to door
 10:15 Patio Chats on the back patio (BP)
11:00 Resistance Bands w/wellness (SF)
2:00 Monthly Birthday Party w/ Fred Lloyd (SF)
 3:15 Dominos (SC)

28
 10:15 Devotional and coffee (3LR)
11:00Weights and Plates w/Wellness (SF)
 2:15 Mini Banana Splits (SF)
 3:30 Penny Poker (SC)

29
 10:00 Word Puzzles and Coffee (SC)
 2:00 Scrabble (SC)
 3:30 Rummikub (SC)

30
 10:30 Catholic Communion Service w/ St. Clare of Assisi Catholic Church (3LR)
11:00 Protestant Church Service (Library)
 2:00 Open play board games (SC)
 *Grab a friend and play a game!

31
 10:00 Music Therapy w/Dustin (4LR)
 11:00 Weights and Plates w/wellness (SF)
 2:00 Key lime Snack Social (SC)
 3:00 Sequence (SC)
 4:00 Dominos (SC)



Flower: Water Lily
Birthstone: Ruby

*Activities are subject to changes please check daily schedules.

Location Key: SF: Soda Fountain SC: Social Center 2lr:2nd floor living room 3lr:3rd floor living room 4lr:4th floor living room 4SC:4th floor social center FP: Front Patio

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



July 2023

LifeStyle Calendar

1 Americana Week!
Daily Chronicle and Discussion (4SC)
Noodle Balloon Ball (4SC)
Puzzles and table games (4SC)
Snack and Hydration

2
10:00 Hymn Sing Along (4DR)
10:30 Catholic Communion Service w/ St. Clare of Assisi Catholic Church (3LR)
11:00
Classic TV Shows (4TV)
Afternoon Snack and Hydration (4SC)

3 Peachy Kean Day
10:00 Music Therapy w/Dustin (4LR)
10:45 Noodle Balloon Ball (4LR)
1:15 Arthritis Relief w/Wellness (4LR)
2:00 Sponge Fireworks (4SC)
3:00 Cobbler and Ice Cream (4SC)
4:00 Can you picture this? (4SC)



4
9:30 4th of July Discussion Cards (4SC)
10:00 Praying the rosary w/St. Clare of Assisi Catholic Church (4TV)
10:45 Red, White and Blue Bead necklaces
Afternoon Snack and Hydration (4SC)



5
9:30 Junk Drawer Detective and Coffee Chats (4SC)
10:00 Trivia (4SC)
10:45 Joyride around town (GL)
1:15 Dance, Dance w/Wellness (4LR)
2:00: Pretty Nails (4SC)
3:00 Afternoon Snack and Hydration
3:30 Candy Dice Game (4SC)

6
9:30 You be the judge (4SC)
10:15 Lucky Dog (4SC)
11:00 Crafty Crew (4SC)
1:15 Flexibility, Mobility, and Coordination w/wellness (4LR)
2:15 Creative Coloring (4SC)
3:00 Snack and Hydration (4SC)

7
9:30 Morning News and Coffee (4SC)
1:15 Balloon Volley w/wellness (4LR)
3:00 Bible Study w/Larry Darby (4SC)

8
9:30 Chair basketball (4LR)
10:00 Love on a leash visits (2LR)
10:30 Love on a leash visits (4LR)
11:30 Birdfeeders (4SC)
1:00 Afternoon movie:
The unsinkable molly brown (4TV)

9
10:00 Hymn Sing Along (4DR)
10:30 Catholic Communion Service w/ St. Clare of Assisi Catholic Church (3LR)
11:00 Noodle Balloon Ball (4LR)
2:00 Protestant Church Service (4LR)
Classic TV Shows (4LR)
Afternoon Snack and Hydration (4SC)

10
10:00 Music Therapy w/Dustin (4LR)
1:15 Arthritis Relief w/Wellness (4LR)
2:00 Music and Snack w/Sterling Lloyd (SF)



11 Blueberry Muffin Day
9:30 cooks' Corner: Blueberry Muffins
10:00 Praying the rosary w/St. Clare of Assisi Catholic Church (4TV)
10:45 Trivia (4SC)
1:15 Balloon Volley w/Wellness (4LR)
2:30 Banana-Grams (4SC)
3:00 Popcorn and Piano (4LR)

12
9:30 Daily Chronicle and Coffee (4SC)
10:15 Let's make Jell-O (4SC)
10:45 Joyride around town (GL)
1:15 Dance, Dance w/Wellness (4LR)
2:00 Sequence Letters (4SC)
3:00 Reminiscing Jell-O Snack Social (4SC)
4:00 You can puzzle too (4SC)

13
9:30 Yes, I have (4SC)
10:15 Reminiscing: Favorite Recipes/ shopping (4SC)
11:00 Sorting and Matching (4SC)
1:15 Flexibility, Mobility, and Coordination w/wellness (4LR)
2:15 You be the judge (4SC)
3:00 Afternoon Snack and Hydration
4:00 Crafty Crew: Butterfly Station (4SC)

14
9:30 Daily Chronicle and Coffee (4SC)
10:00 Sorry! (4SC)
11:00 Patio chats (FP)
1:15 Balloon Volley w/wellness (4LR)
2:15 Famous Faces BINGO (4SC)
3:00 Afternoon Snack and Hydration
4:00 Lucky Dog! (4SC)

15
Daily Chronicle and Discussion (4SC)
Noodle Balloon Ball (4SC)
Puzzles and table games (4SC)
Snack and Hydration

16
10:00 Hymn Sing Along (4DR)
10:30 Catholic Communion Service w/ St. Clare of Assisi Catholic Church (3LR)
11:00 Noodle Balloon Ball (4LR)
2:00 Protestant Church Service (4LR)
Classic TV Shows (4TV)
Afternoon Snack and Hydration (4SC)

17 Jelly & Jam Day
10:00 Music Therapy w/Dustin (4LR)
10:45 Scrapbooking/Magazine Collage (4SC)
1:15 Arthritis Relief w/Wellness (4LR)
2:00 Suite Sort (4SC)
3:00 Homemade Bread w/Jelly and Jam (SC)
4:00 Bean Bag Toss (4SC)



18
9:30 Cooks Corner: Lemon Blueberry Bars
10:00 Praying the rosary w/St. Clare of Assisi Catholic Church (4TV)
10:45 Suite Sort (4SC)
1:15 Balloon Volley w/Wellness (4LR)
2:30 Apples to Apples (4SC)
3:00 Afternoon Snack and Hydration (4SC)
4:00 Afternoon Patio Chats (FP)

19 National Daiquiri Day
9:30 Daily Chronicle and Coffee (4SC)
10:15 Sequencing Cards (4SC)
10:45 Bean Bag toss (4LR)
1:15 Dance, Dance w/Wellness (4LR)
2:00 Don't Steal my Stars (4SC)
3:00 Popcorn and Piano (4LR)
4:00 Catching Fireflies (4SC)

20
9:30 Squeaky Clean: Eye Glass Washing
10:15 Can you picture this? (4SC)
11:00 Connect Four (4SC)
1:15 Flexibility, Mobility, and Coordination w/wellness (4LR)
2:15 Crafty Crew (4SC)
3:00 Sequence Letters (4SC)

21*
9:30 Morning News and Coffee (4SC)
1:15 Balloon Volley w/wellness (4LR)
2:00 Ice Cream and Music w/Mike Chrissmer (SF)
3:00 Bible Study w/Larry Darby (4SC)

22
Daily chronicle and discussion
10:00 love on a leash visits (2LR)
Noodle Balloon Ball (4SC)
Puzzles and table games (4SC)
Snack and Hydration

23
10:00 Hymn Sing Along (4DR)
10:30 Catholic Communion Service w/ St. Clare of Assisi Catholic Church (3LR)
Classic TV Shows (4TV)
Afternoon Snack and Hydration (4SC)

24
10:00 Music Therapy w/Dustin (4LR)
10:45 Trivia (4LR)
1:15 Arthritis Relief w/Wellness (4LR)
Afternoon Snack and Hydration (4SC)



25 Cheesecake Day
9:30 Daily Chronicle and Coffee (4SC)
10:00 Praying the rosary w/St. Clare of Assisi Catholic Church (4TV)
10:45 Trivia (4SC)
1:15 Balloon Volley w/Wellness (4LR)
2:30 Pesky Petal (4SC)
3:00 Afternoon Snack and Hydration (4SC)
4:00 Afternoon Patio Chats (FP)

26
9:30 Lucky Dog! (4SC)
10:15 Over or Under 50 (4SC)
10:45 Hole in one putting (4LR)
1:15 Dance, Dance w/Wellness (4LR)
1:45 Joyride around town w/a stop for Ice Cream (GL)
3:30 Pretty Nails (4SC)

27
9:30 Car Racing (4SC)
10:15 Car Emblems Game (4SC)
11:00 Sorting and Matching (4SC)
1:15 Flexibility, Mobility, and Coordination w/wellness (4LR)
2:00 Monthly Birthday Party w/Fred Lloyd (SF)
4:00 Creative Coloring (4SC)

28
9:30 Daily Chronicle and Coffee (4SC)
10:00 Candy Dice Game (4SC)
11:00 Banana-Grams (4SC)
1:15 Balloon Volley w/wellness (4LR)
2:15 PRIZE BINGO (4SC)
3:00 Remembering Lemonade Stands
4:00 Afternoon Patio Chats (FP)

29
Daily Chronicle and Discussion (4SC)
Noodle Balloon Ball (4SC)
Puzzles and table games (4SC)
Snack and Hydration

30*
10:00 Hymn Sing Along (4DR)
10:30 Catholic Communion Service w/ St. Clare of Assisi Catholic Church (3LR)
Classic TV Shows (4TV)
Afternoon Snack and Hydration (4SC)

31
10:00 Music Therapy w/Dustin (4LR)
10:45 Flyswatter Balloon Ball (4LR)
1:15 Arthritis Relief w/Wellness (4LR)
2:00 Finish the phrase tiles (4SC)
3:00 Key lime Snack Social (4SC)



Flower: Water Lily
Birthstone: Ruby
*Activities are subject to changes please check daily schedules.